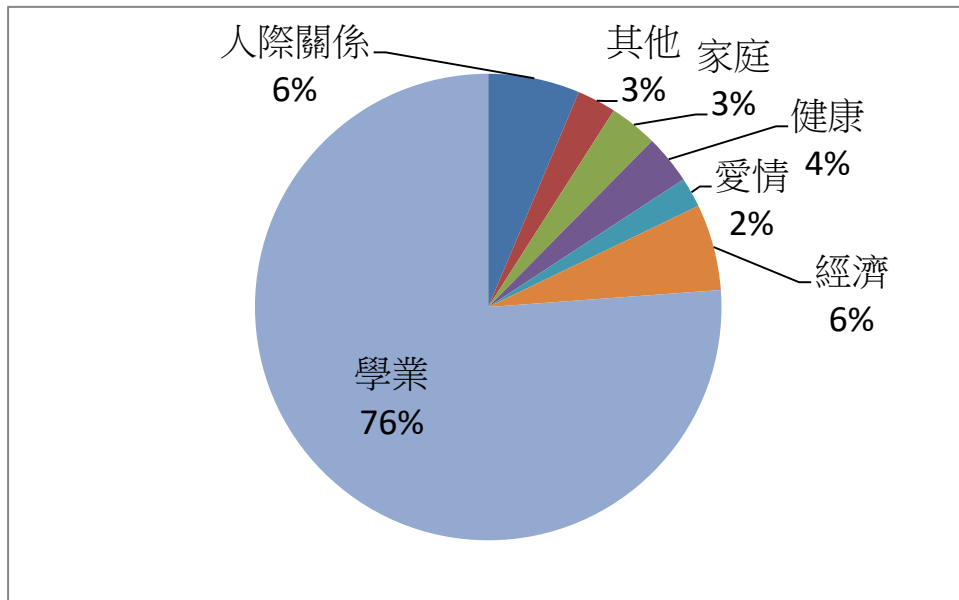
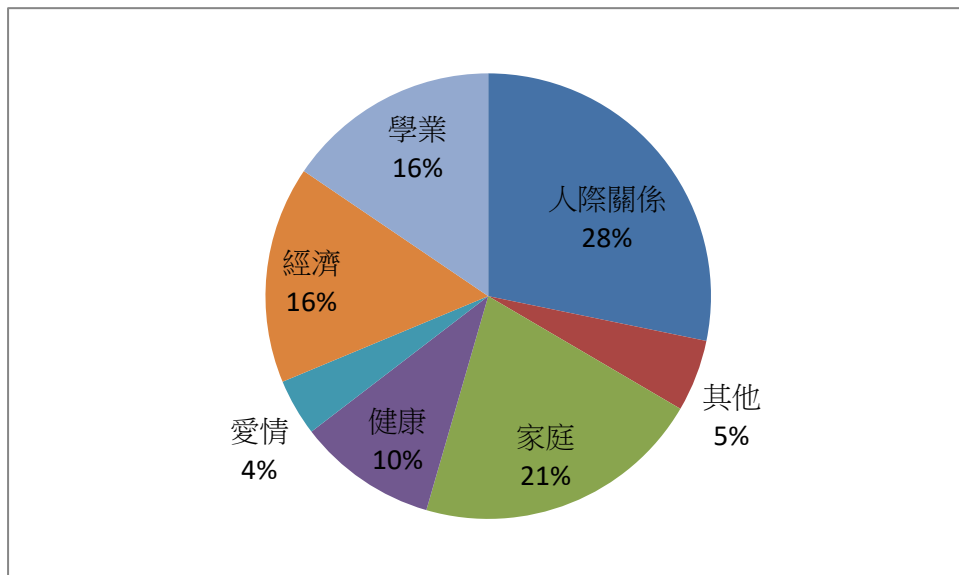


青少年煩惱及壓力問卷調查結果 (2017 年 9 月)

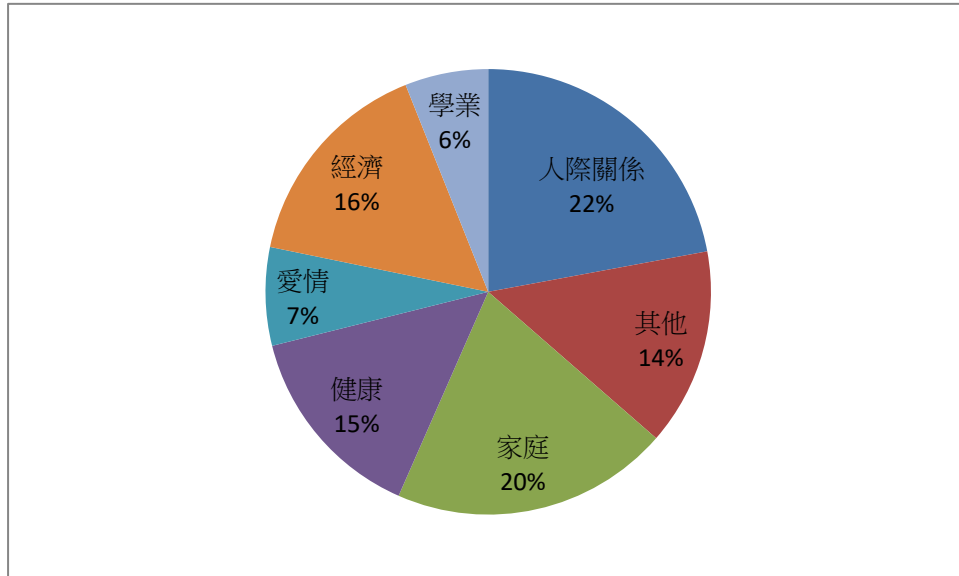
1.1 最大煩惱 (作答人數:1594)



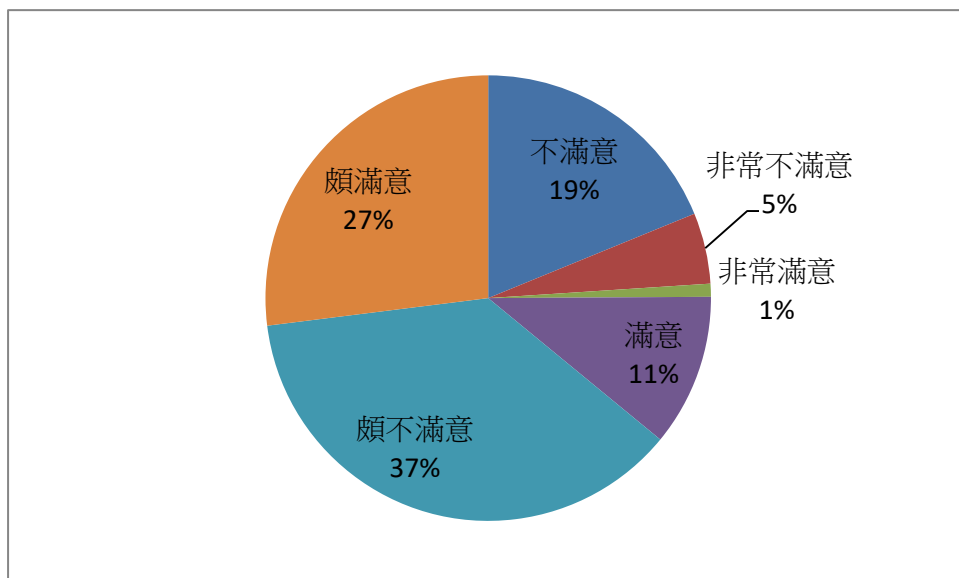
1.2 第 2 大煩惱 (作答人數:1576)



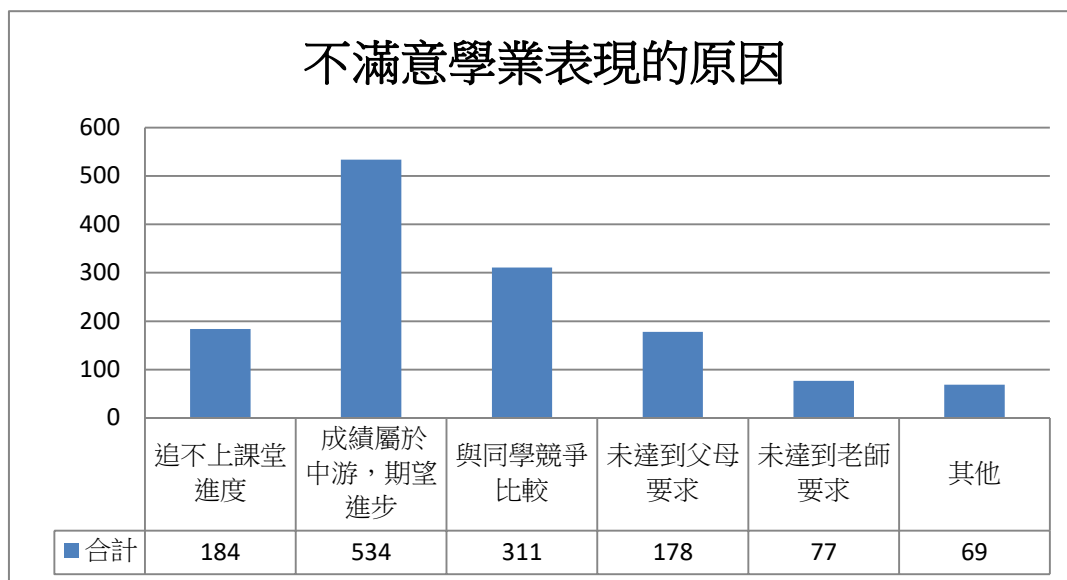
1.3 第 3 大煩惱 (作答人數:1571)



2. 你對現時的學業表現是否滿意 (作答人數:1594)

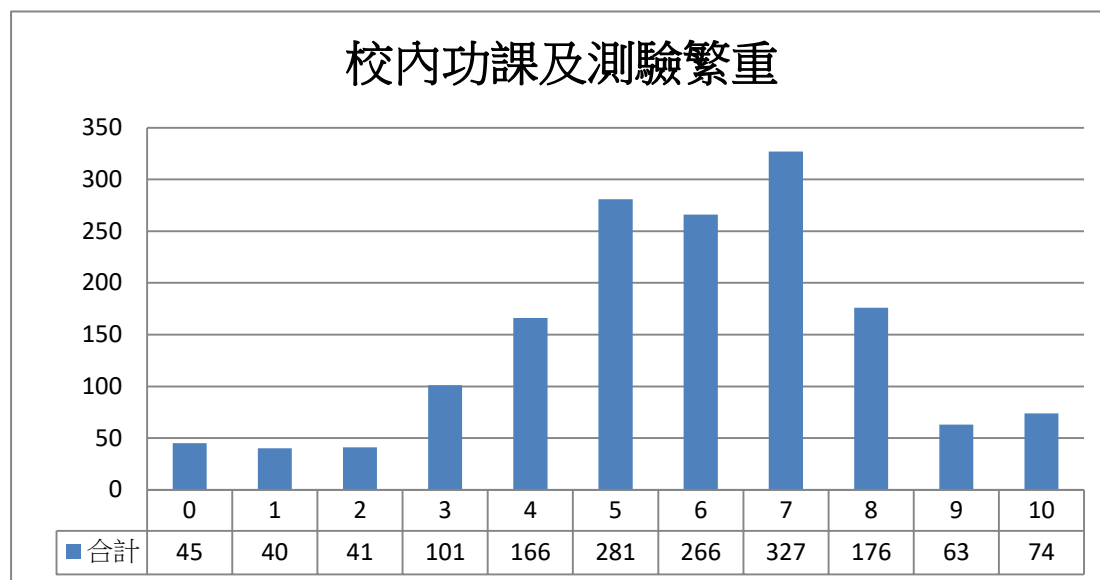


3. 不滿意學業表現的原因 (可選多於一項)

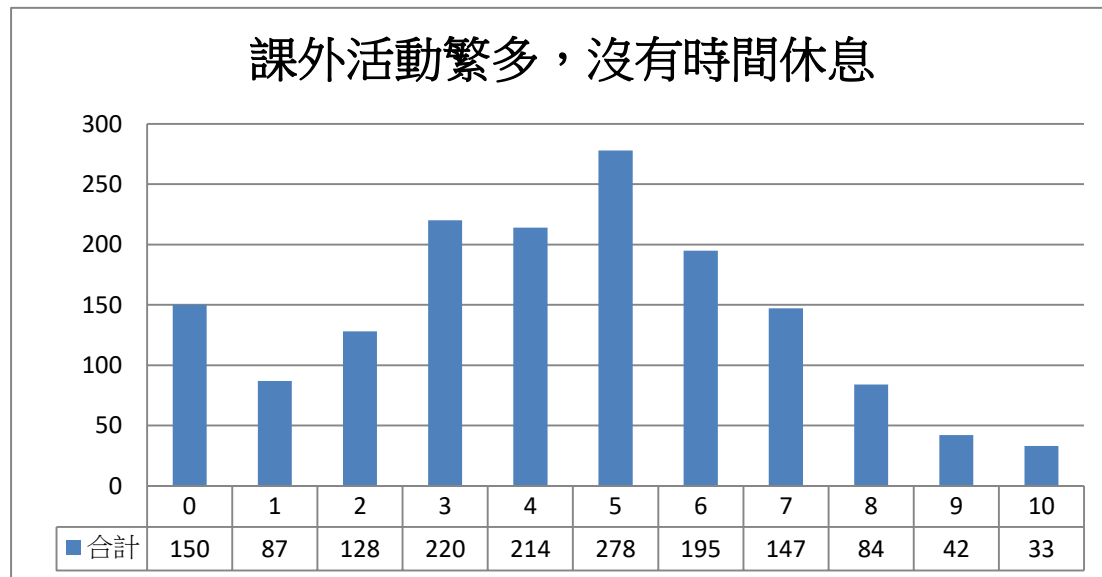


4. 各項學業壓力來源及評分 (0=沒有壓力 10=極大壓力)

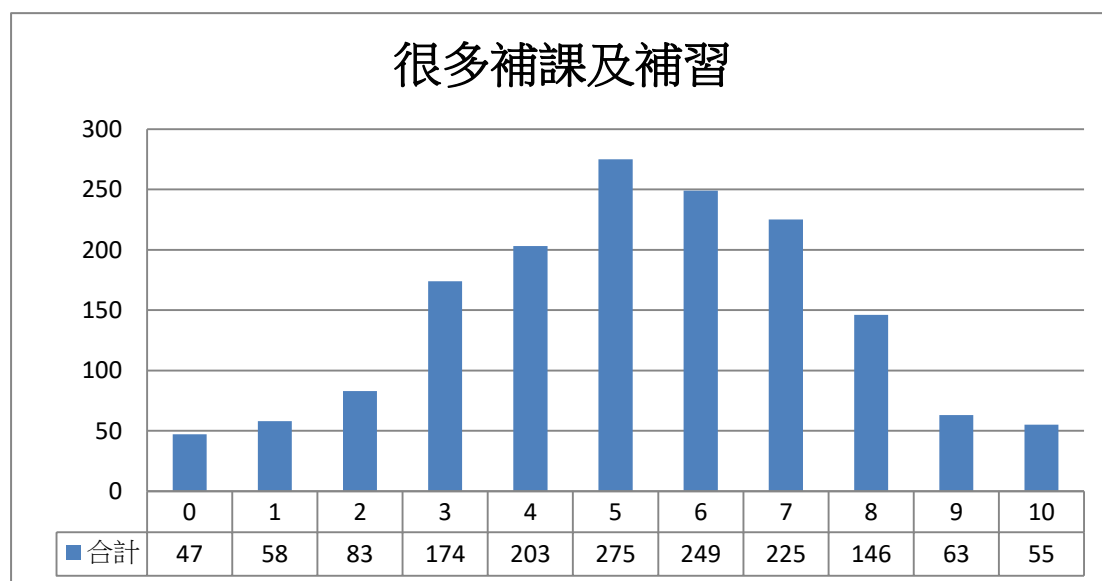
4.1



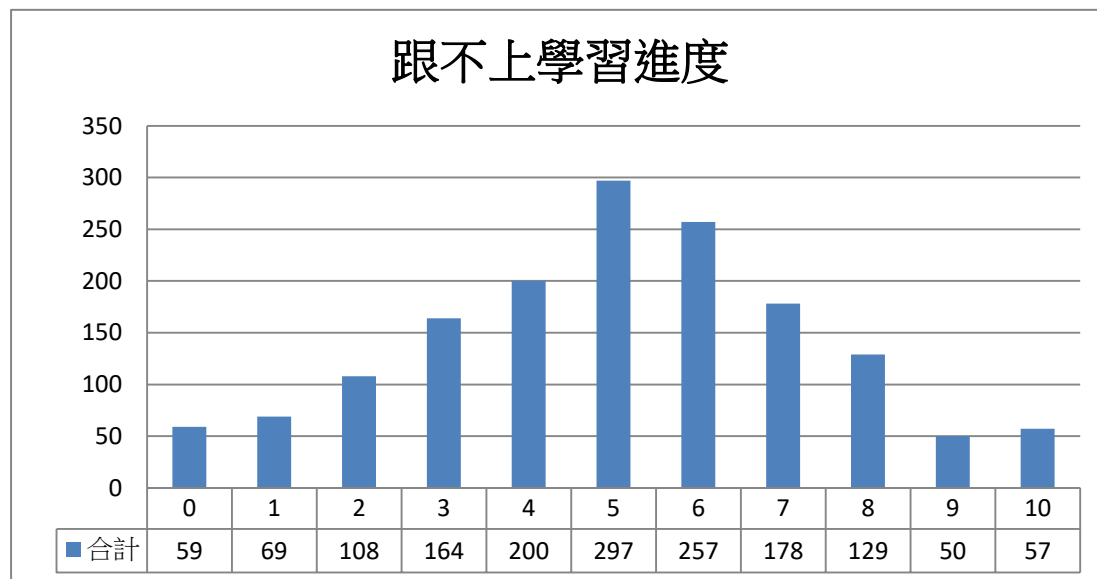
4.2



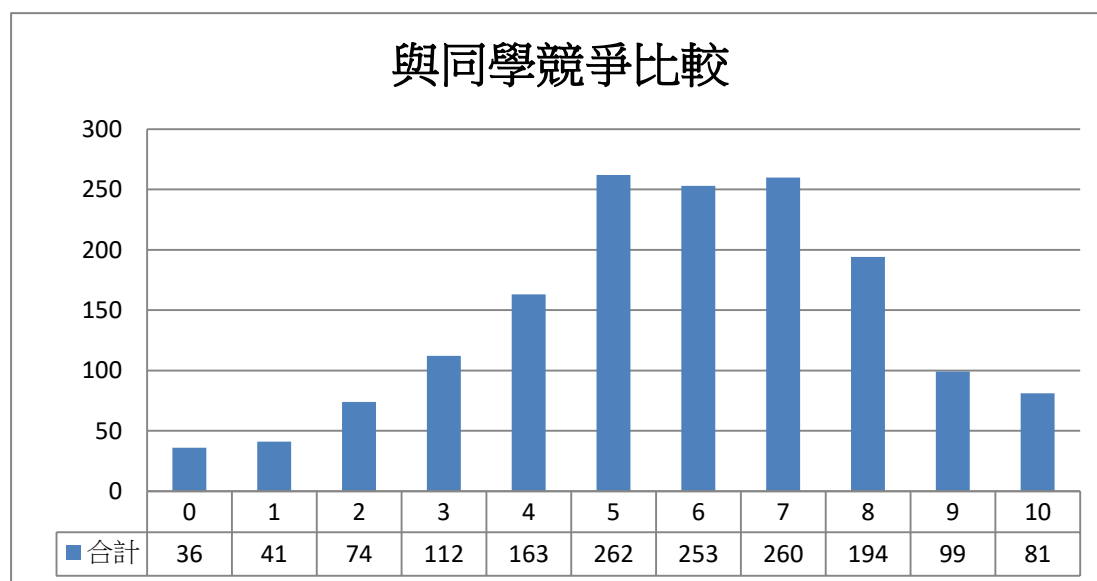
4.3



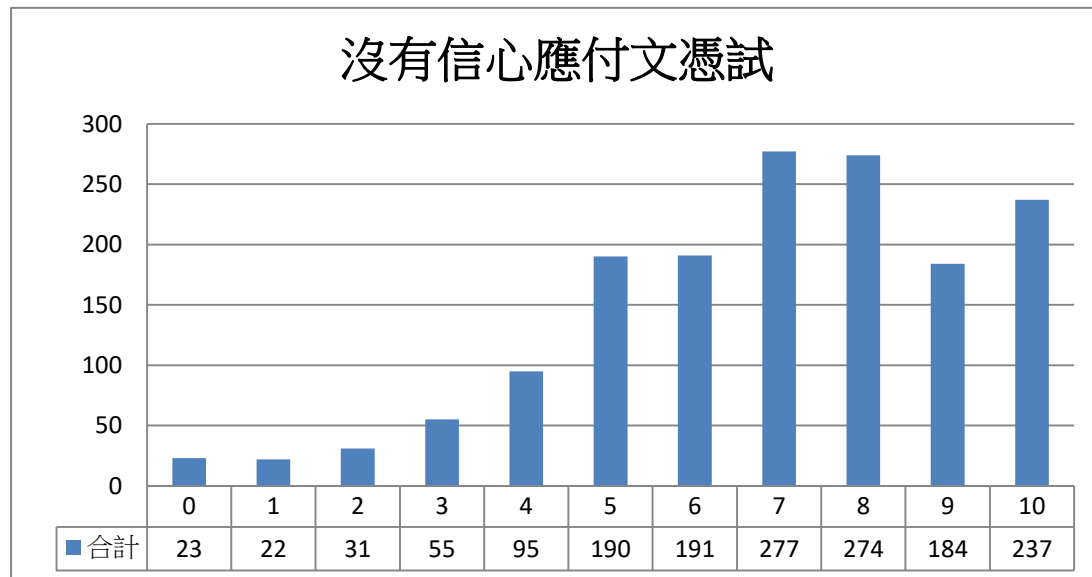
4.4



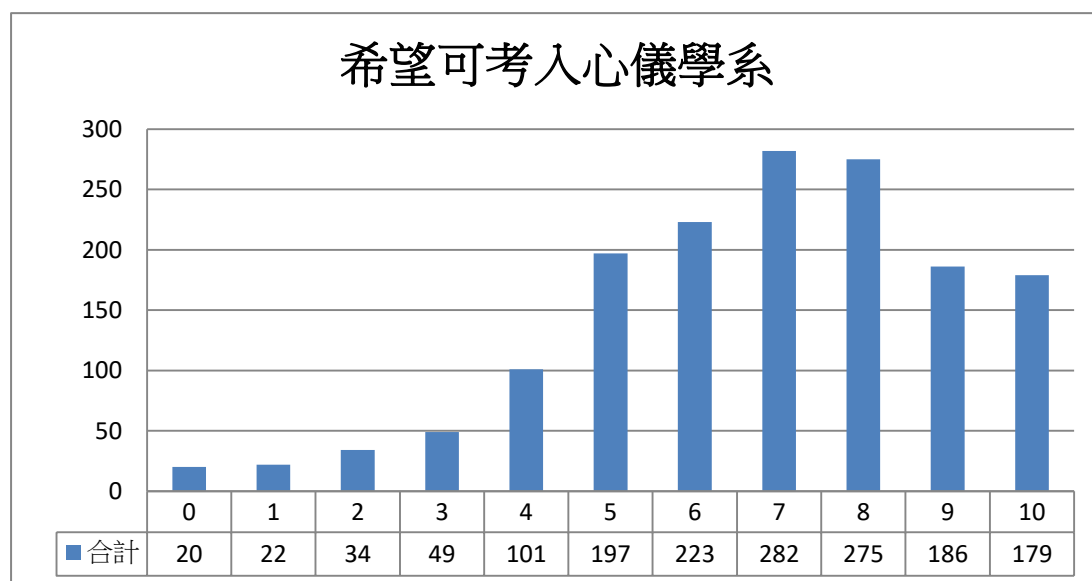
4.5



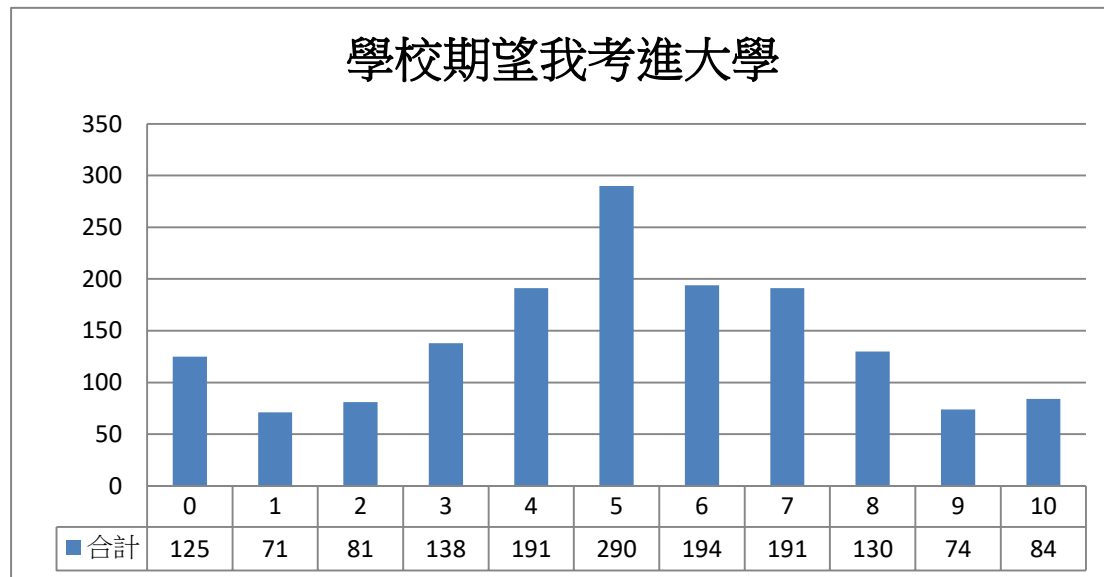
4.6



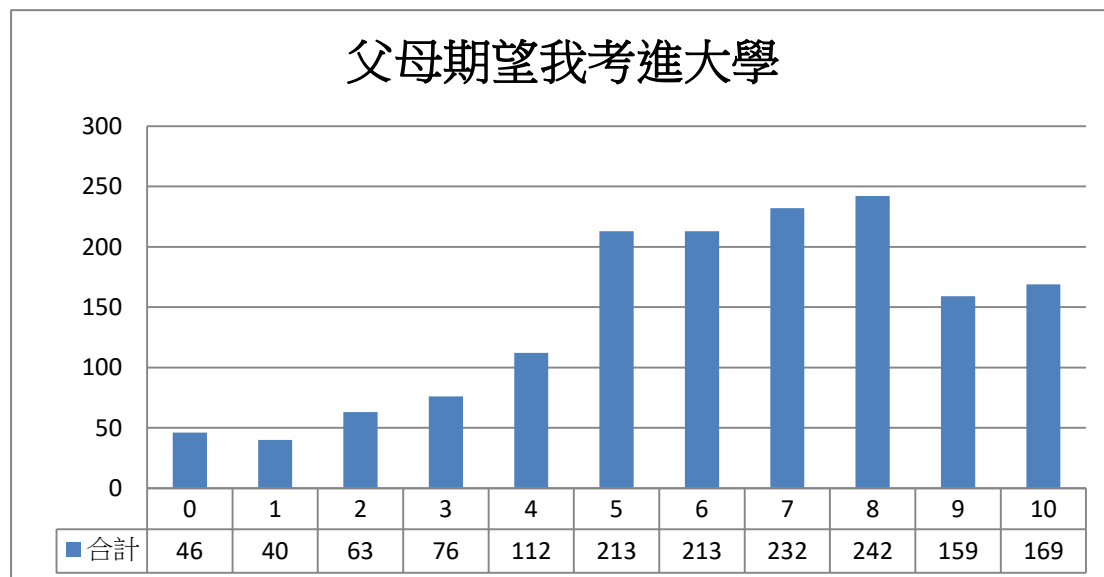
4.7



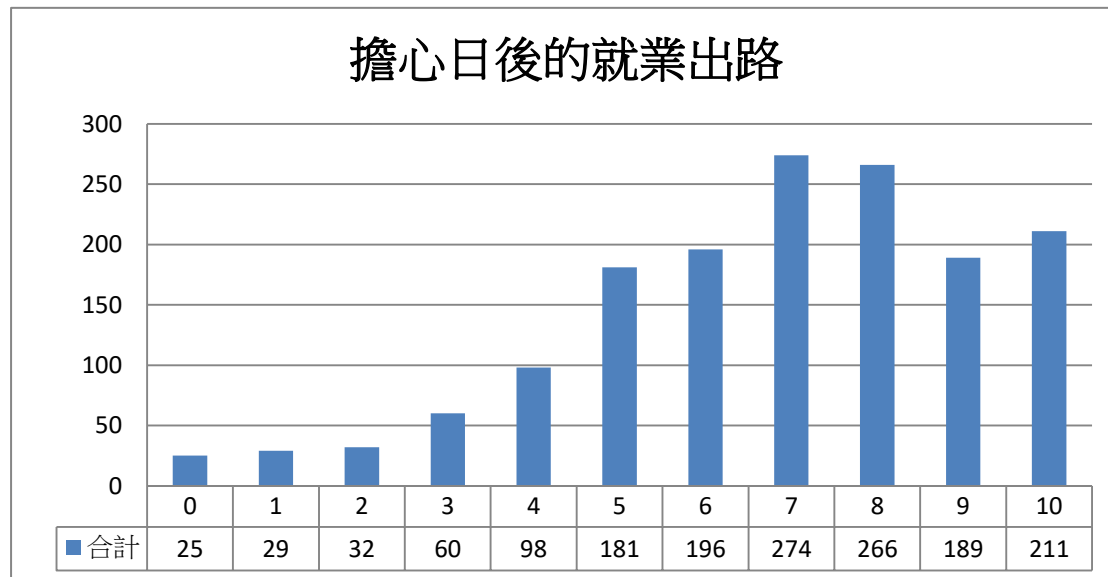
4.8



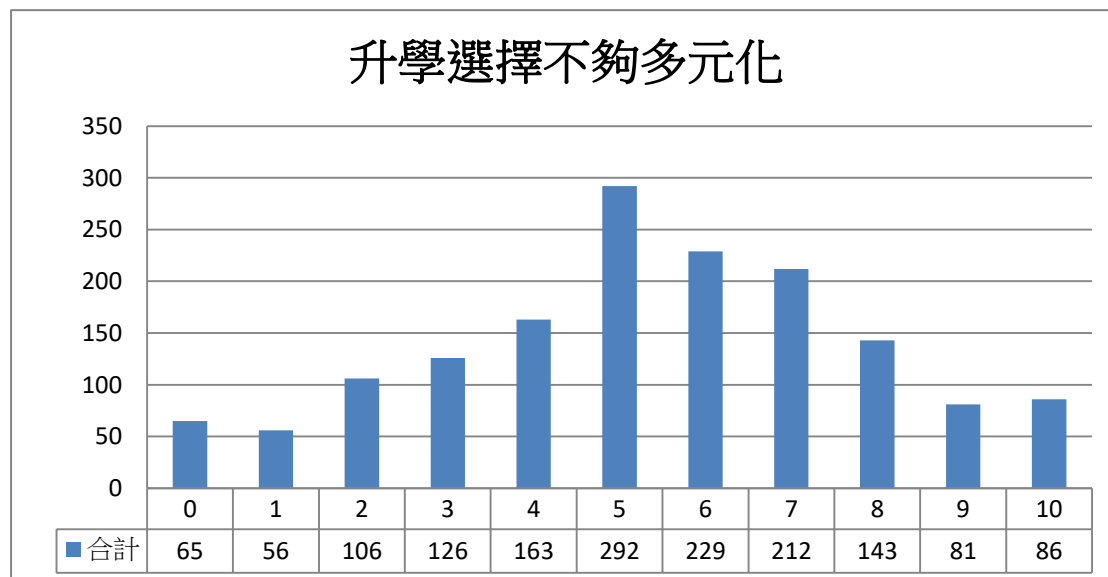
4.9



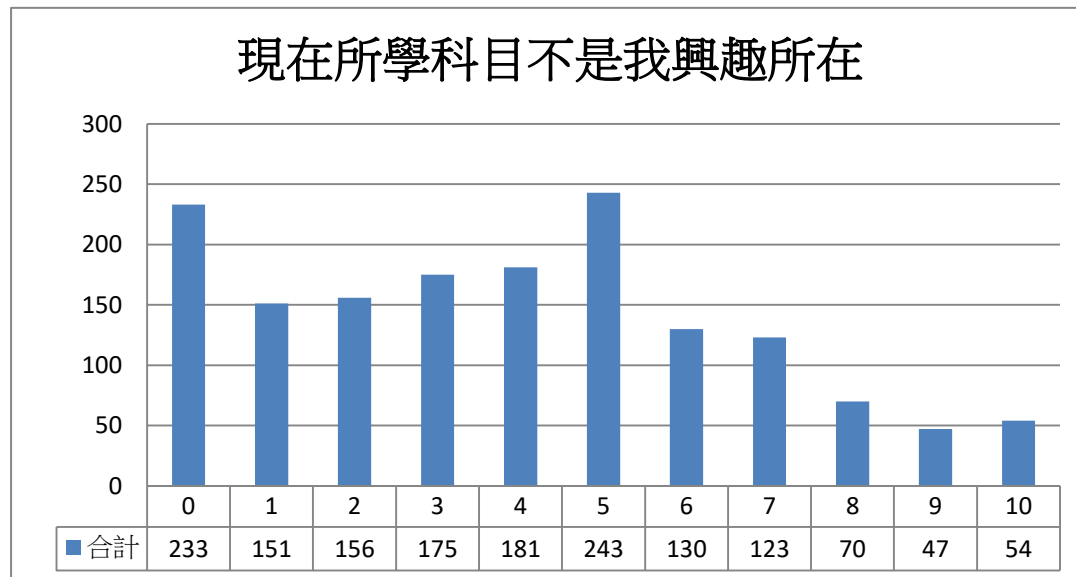
4.10



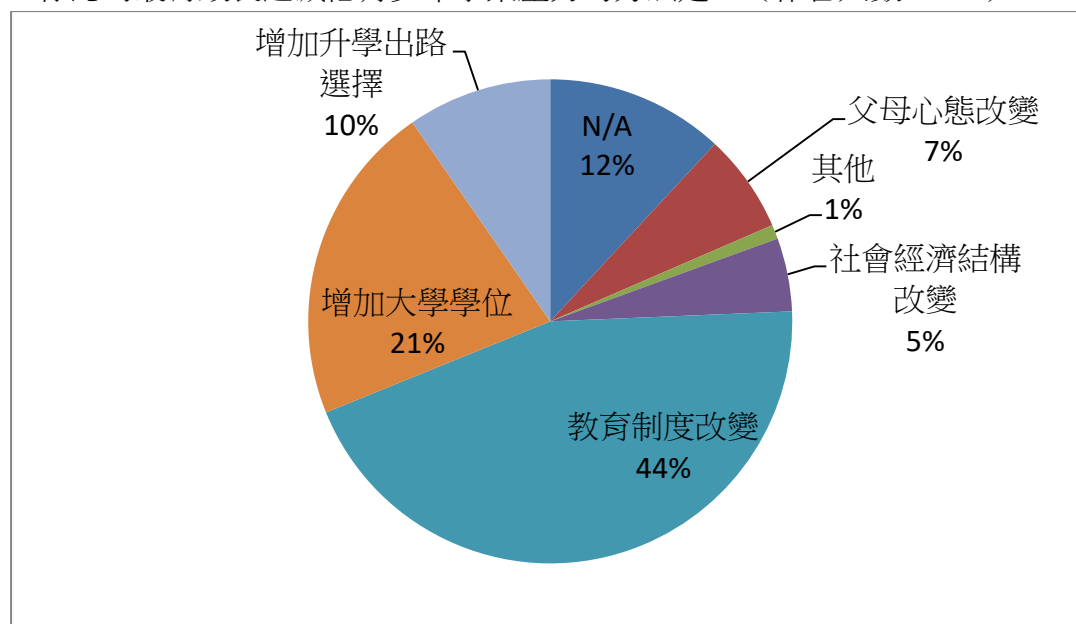
4.11



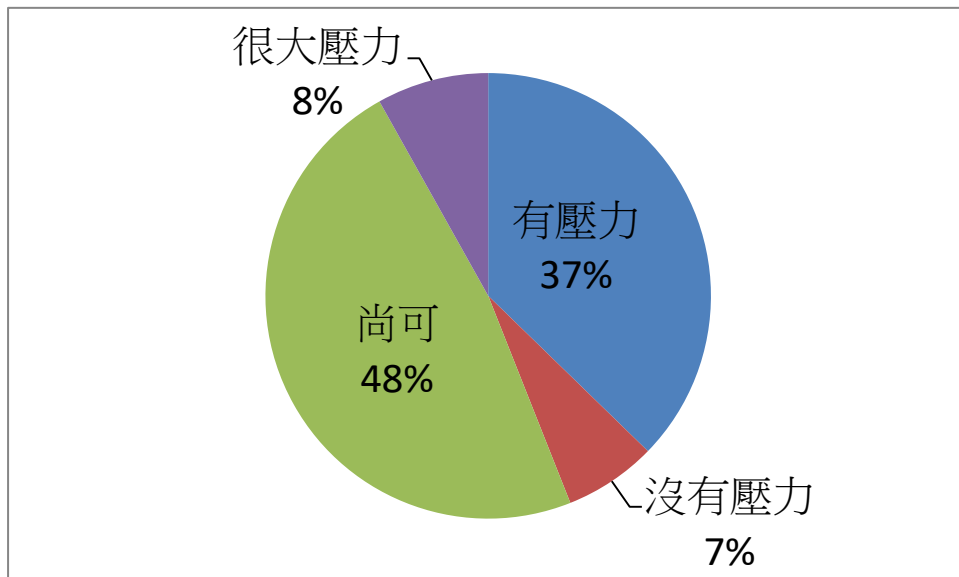
4.12



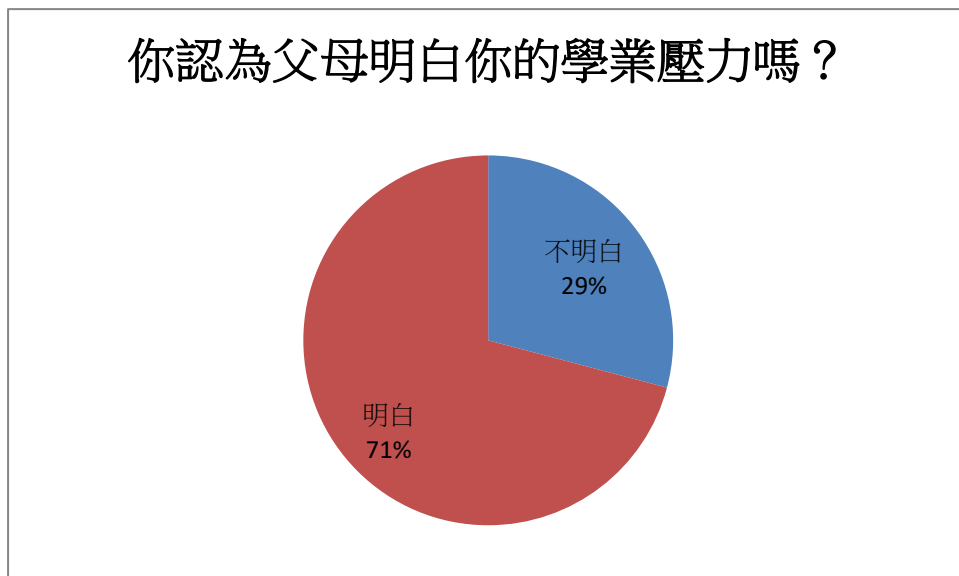
5.你認為最有效長遠減低青少年學業壓力的方法是 (作答人數:1368)



6. 父母對你的學業期望有否造成壓力（作答人數:1567）

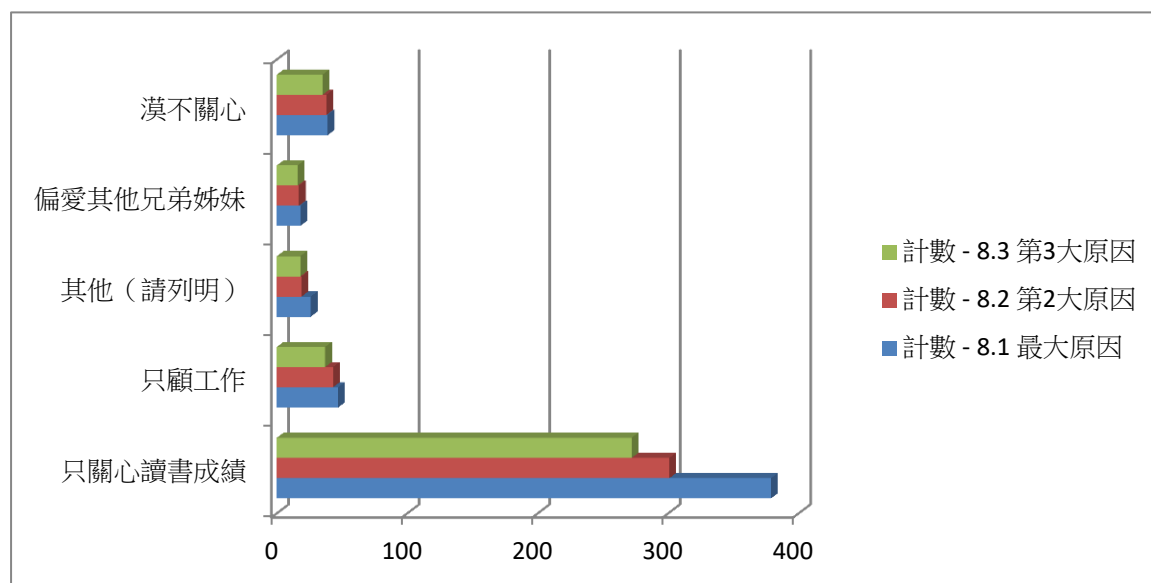


7. 你認為父母明白你的學業壓力嗎？（作答人數:1553）

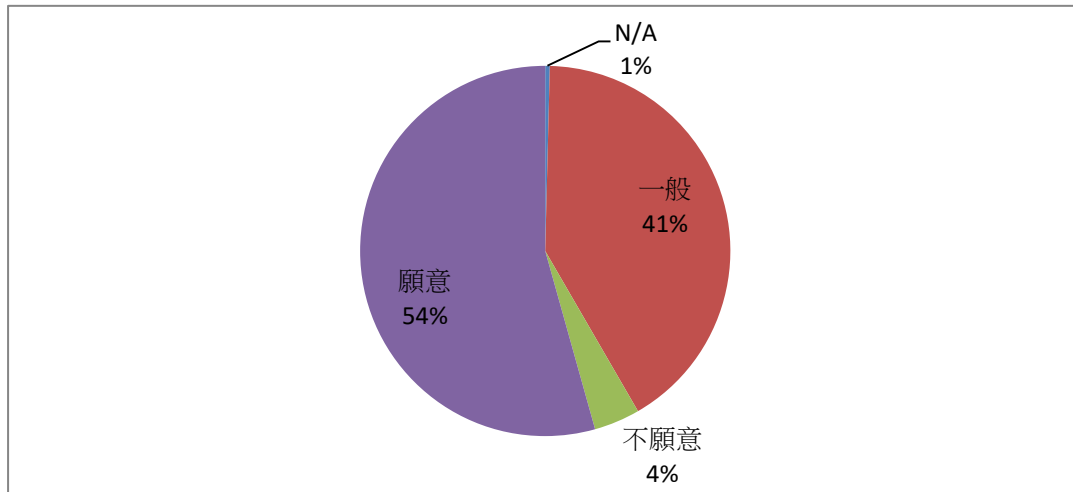


8. 父母為何不明白我的學業壓力

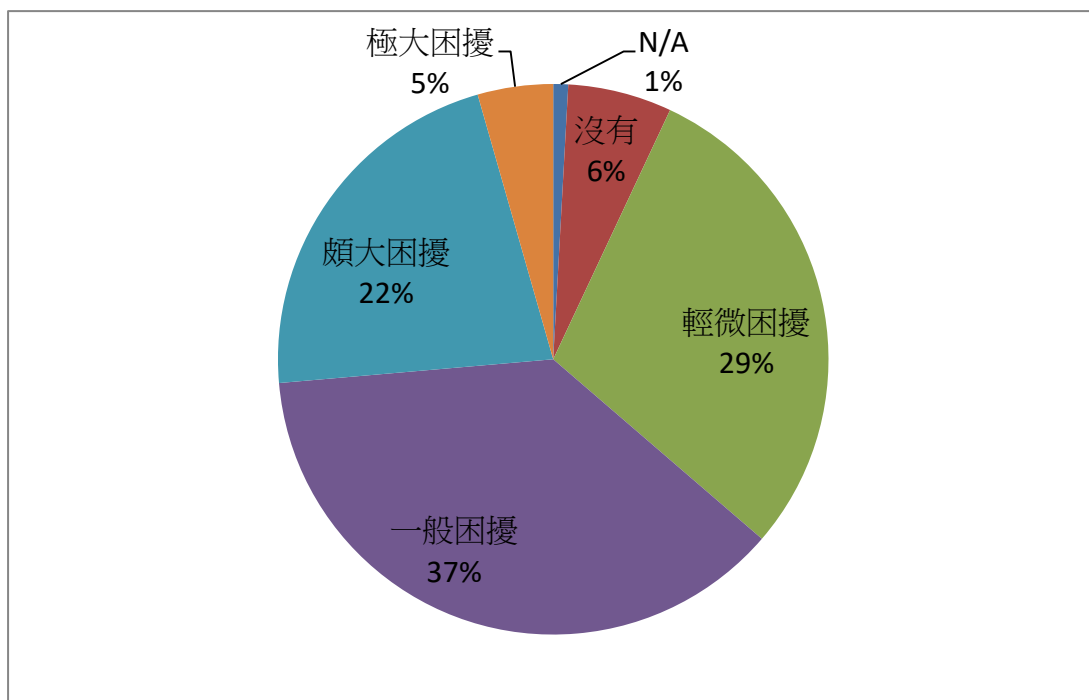
原因	8.1 最大原因	8.2 第 2 大原因	8.3 第 3 大原因
只關心讀書成績	379	301	272
只顧工作	47	43	37
其他（請列明）	26	19	18
偏愛其他兄弟姊妹	18	17	16
漠不關心	39	38	35
(空白)		6	5
總計	509	424	383



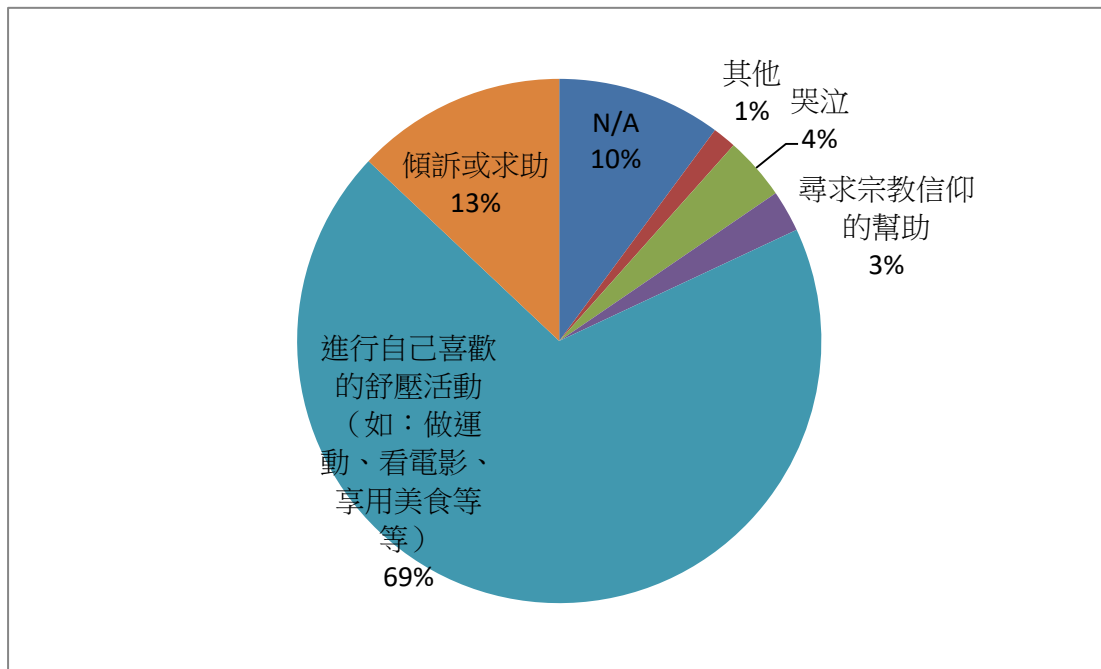
9. 你認為父母願意聆聽及尊重你的學習取向嗎 (作答人數:1520)



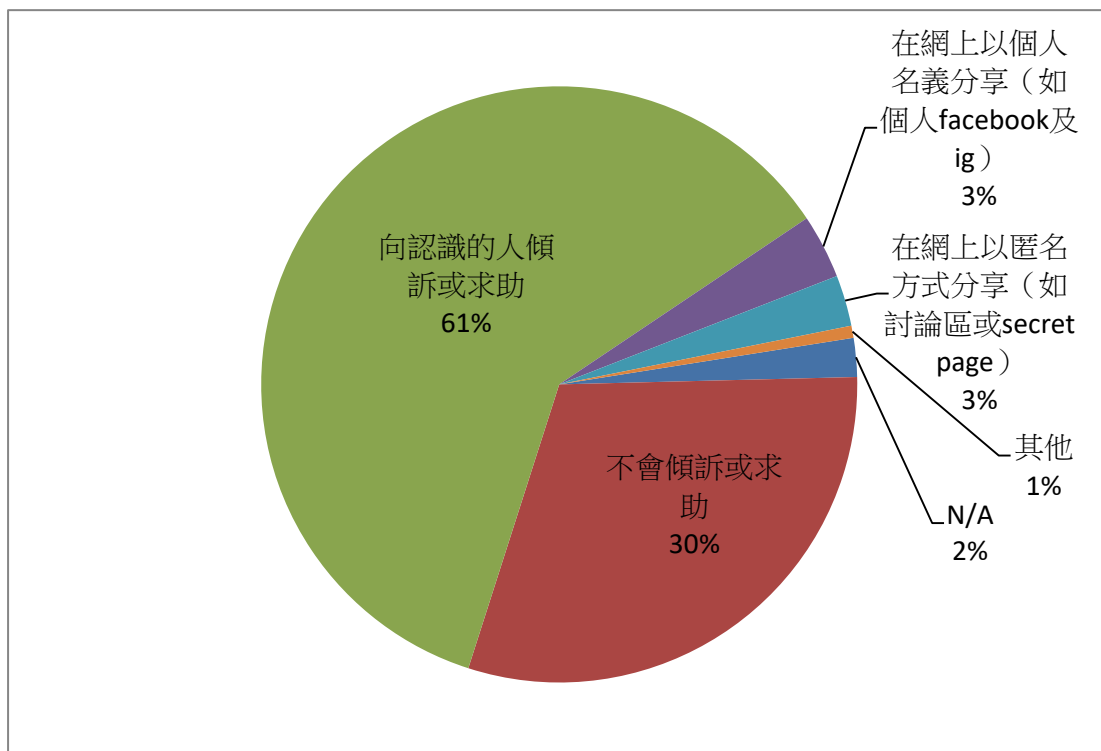
10. 你有因學習壓力或煩惱而受到情緒困擾嗎 (作答人數:1490)



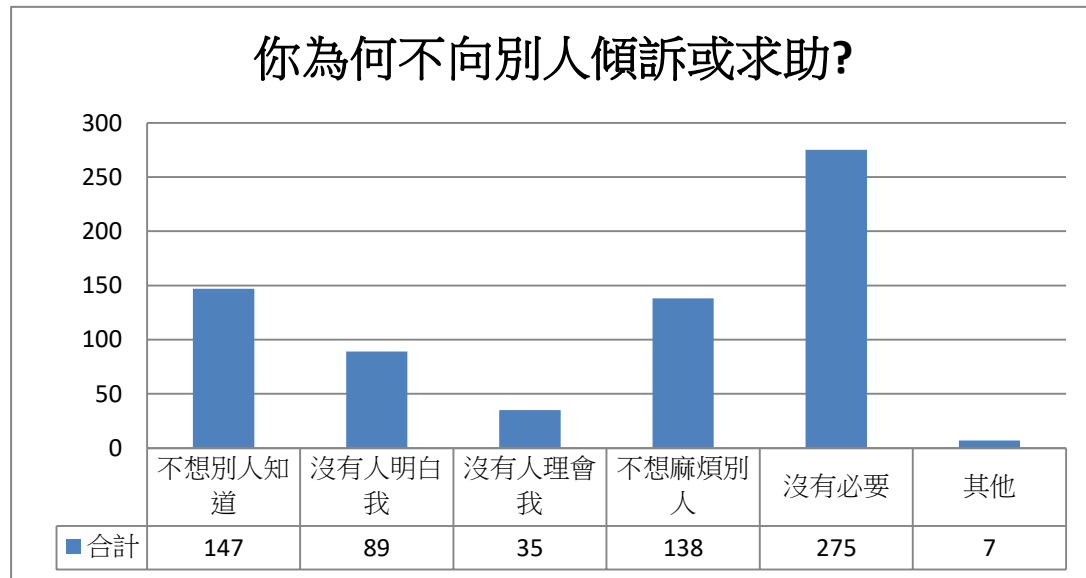
11. 你認為以下哪項方法對舒緩學習壓力最為有效 (作答人數:1442)



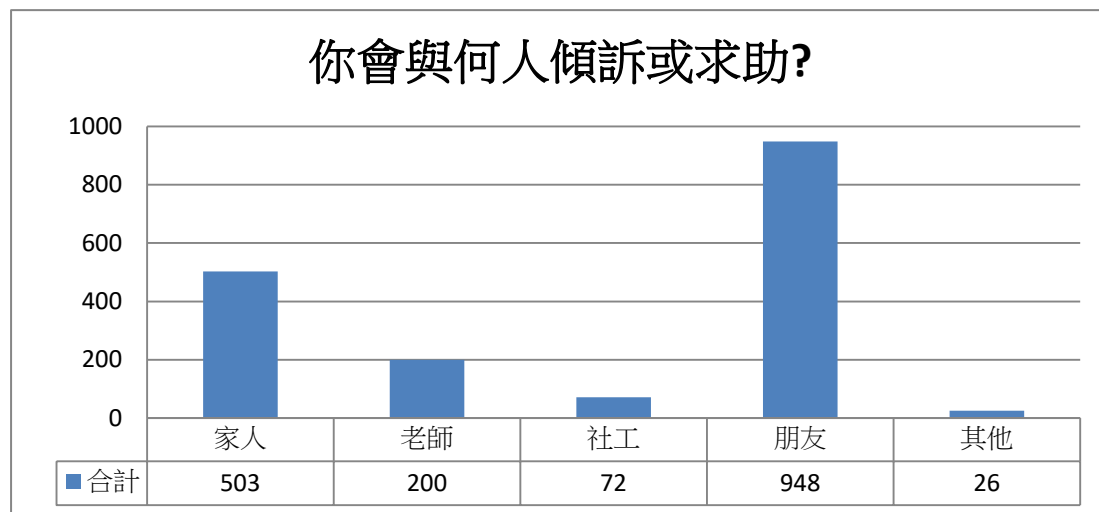
12. 如你面對學習壓力，你會如何傾訴或求助 (作答人數:1520)



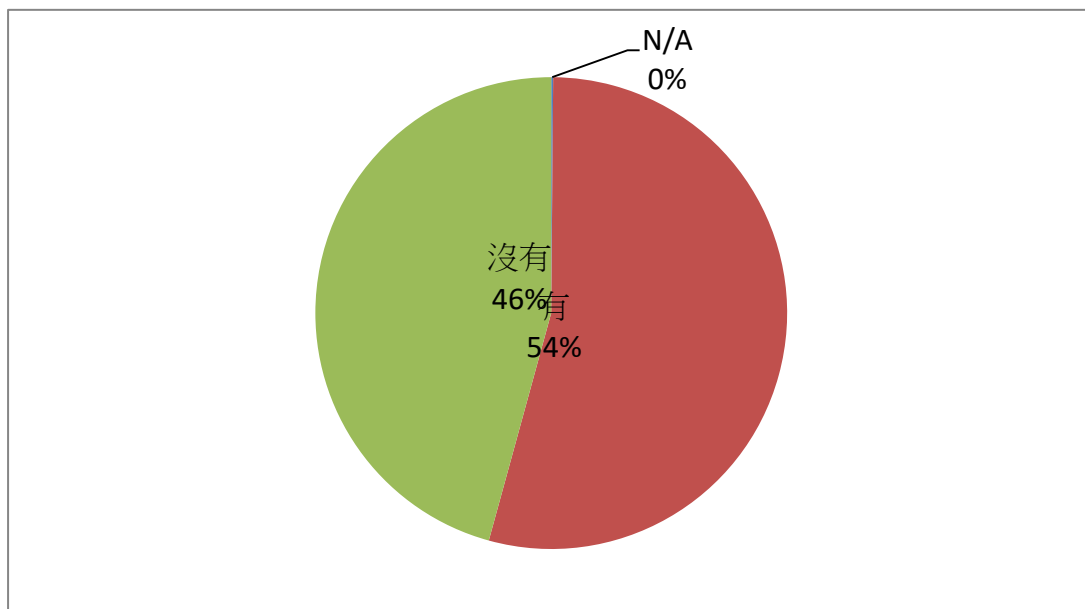
13. 你為何不向別人傾訴或求助？



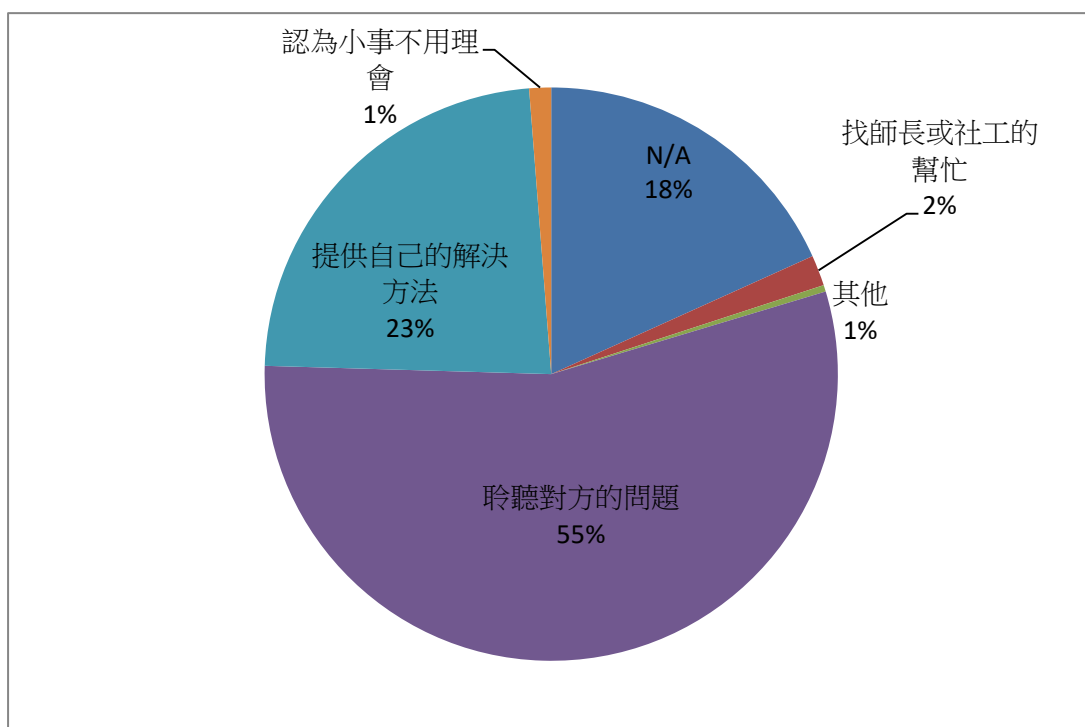
14.



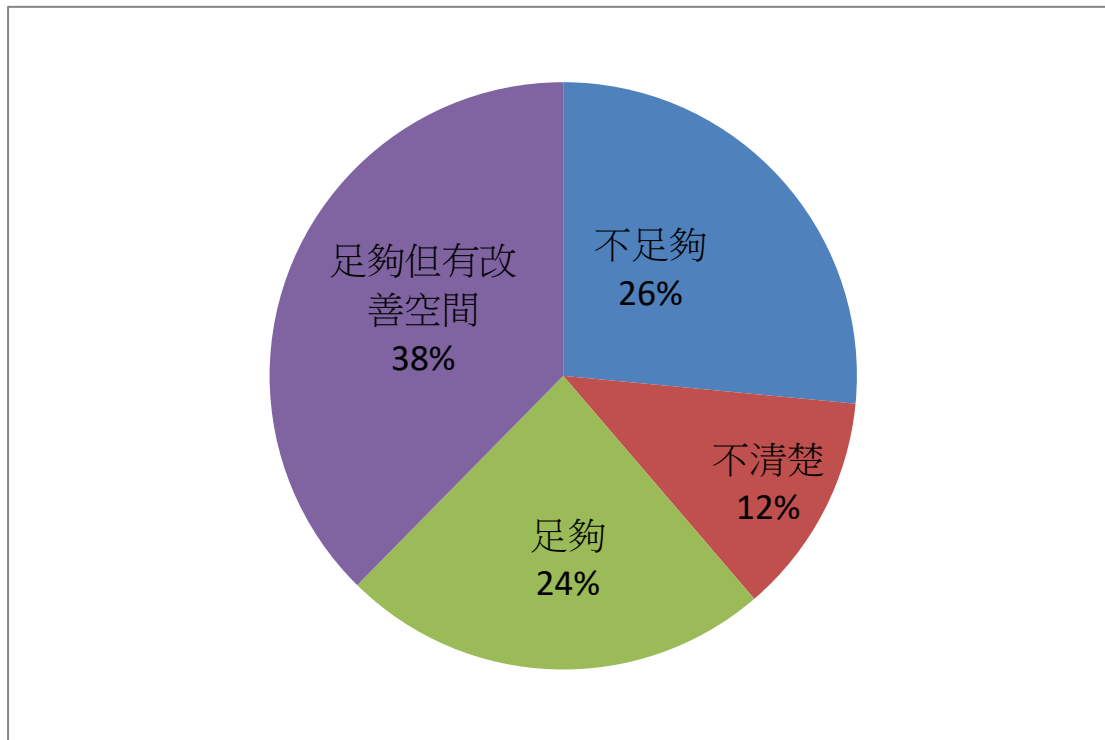
15. 你曾遇上別人因學業壓力而向你求助嗎 (作答人數:1513)



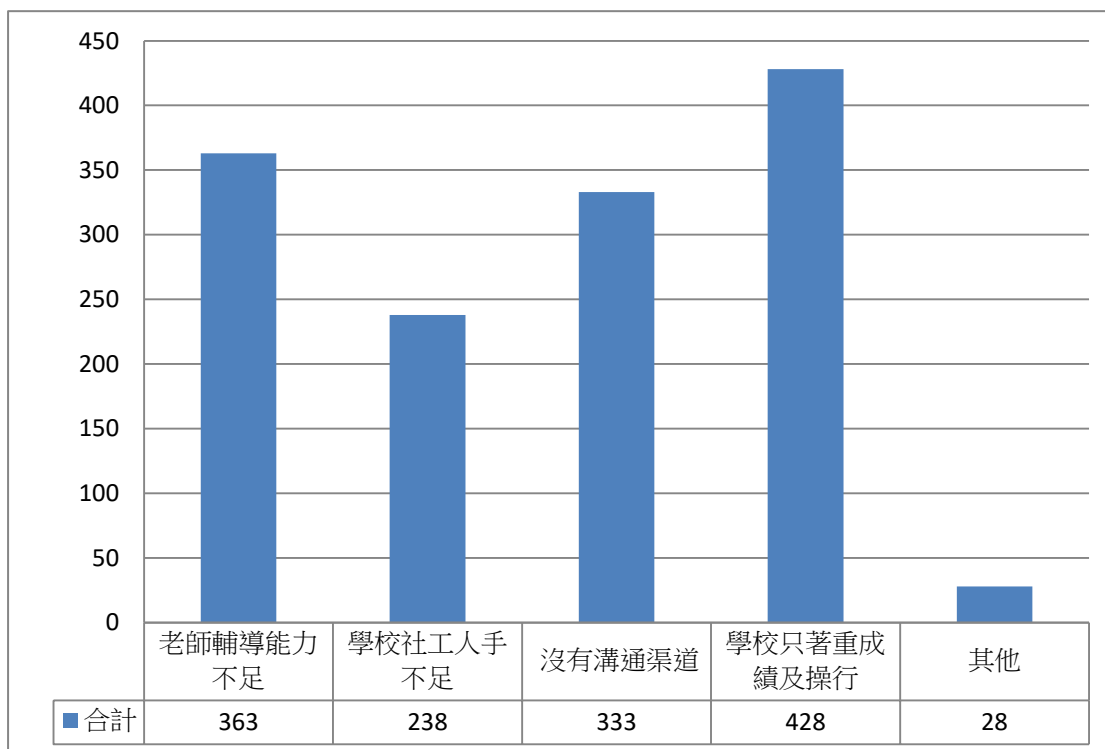
16. 你通常會如何幫助向你求助的人 (作答人數:811)



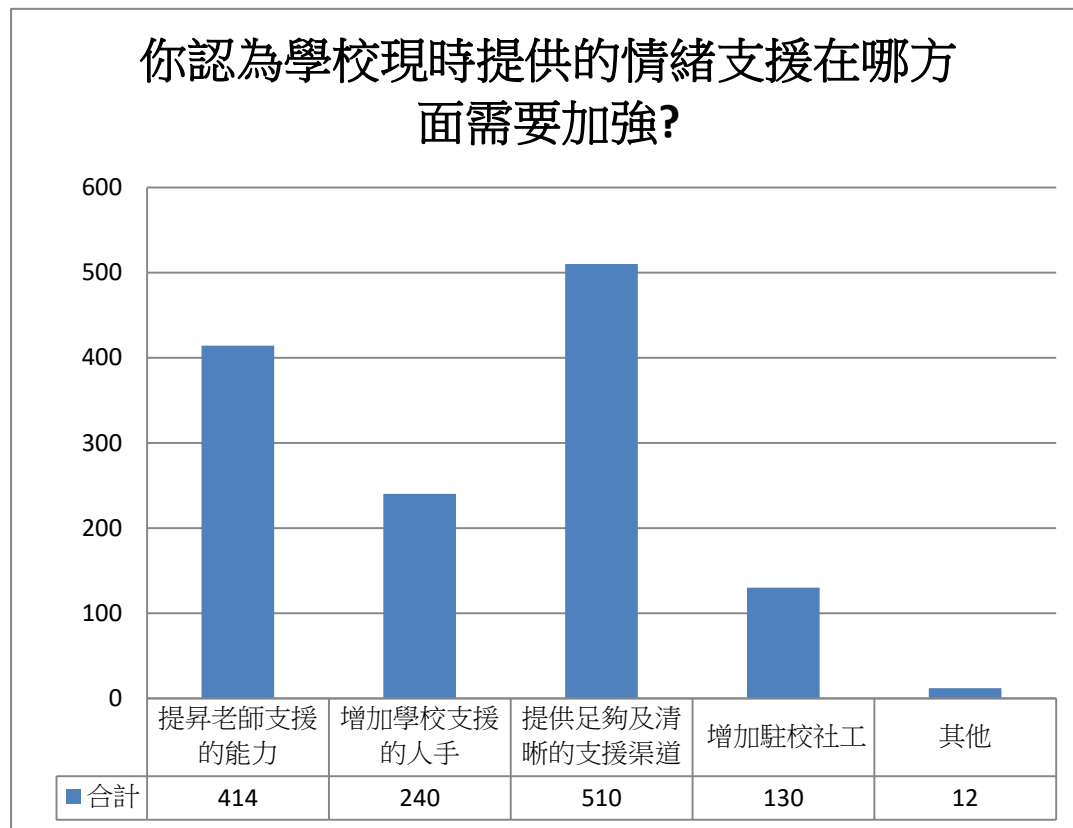
17. 你認為學校提供給學生的情緒支援足夠嗎 (作答人數:1558)



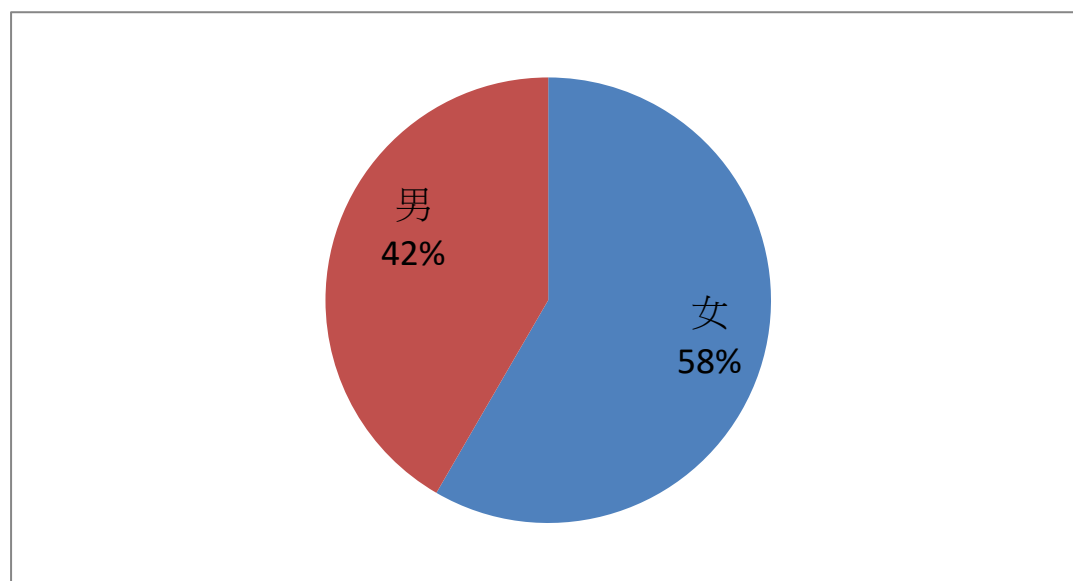
18. 你認為學校為何未能提供足夠的情緒支援?



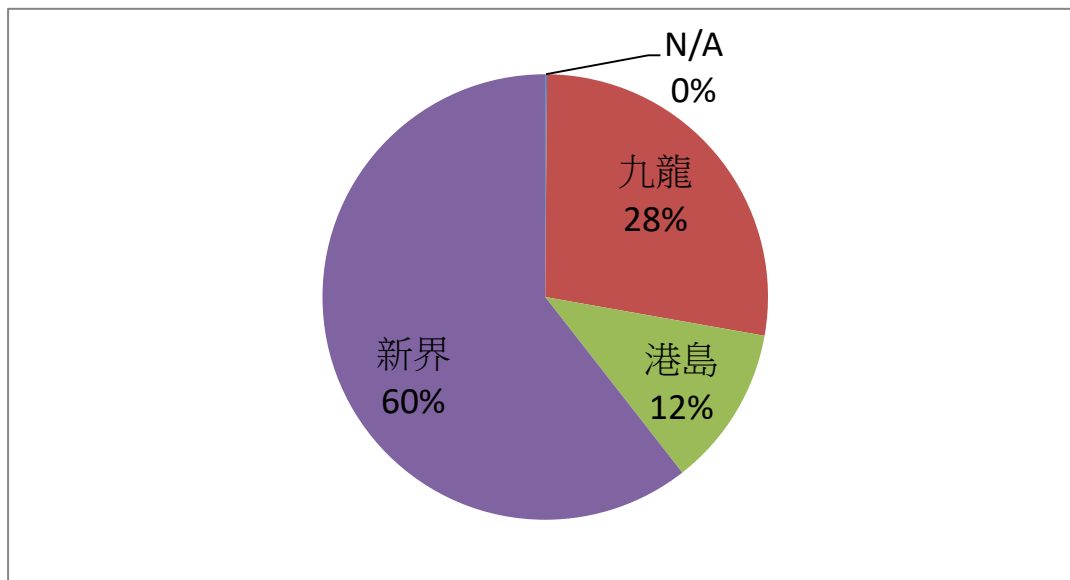
19. 你認為學校現時提供的情緒支援在哪方面需要加強？



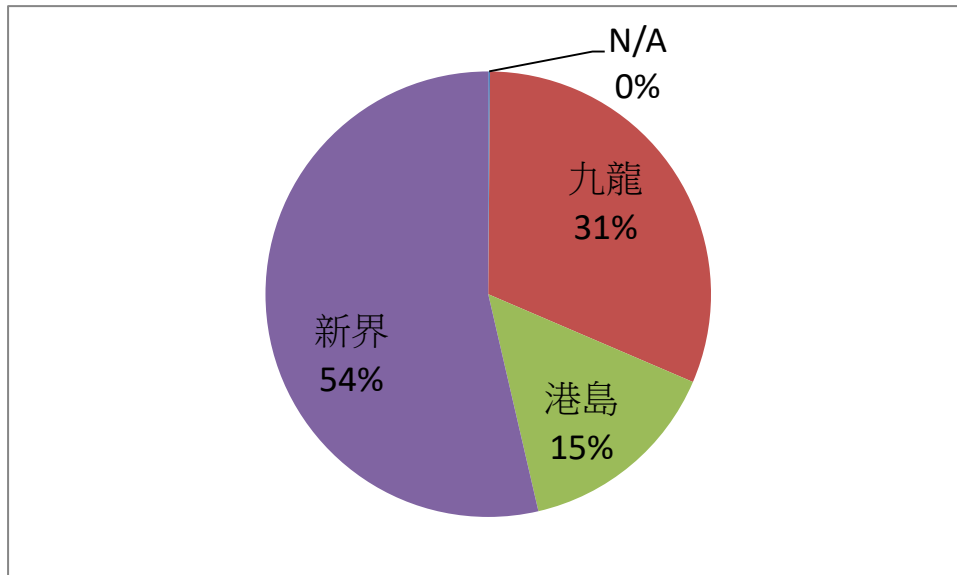
20. 受訪者性別 (作答人數: 1535)



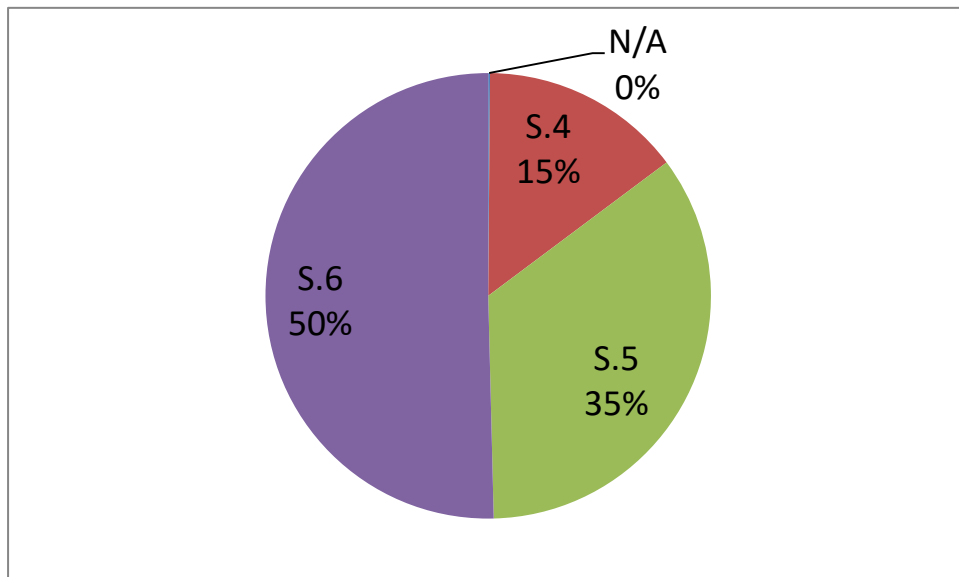
21. 受訪者居住地區 (作答人數: 1526)



22. 受訪者學校地區 (作答人數: 1520)



23. 受訪者級別 (作答人數: 1522)



24. 受訪者家庭收入

